

# *Neurotypical (NT) Partner Group*

FOR PEOPLE STRUGGLING WITH OR WOUNDED FROM THE CHALLENGES OF BEING IN A NEURODIVERSE RELATIONSHIP

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Are you in a Neurodiverse relationship where you are NT and your partner is on the Autism spectrum or has a condition that creates difficulties with social interaction?  
Are you struggling with any of the following?

- Being validated, acknowledged, or heard
- Blame shifting or gaslighting
- Getting your emotional or physical intimacy needs met
- Others outside your relationship blaming you for being the problem and not understanding your pain
- Communication especially during conflict
- Narcissistic traits where your voice is regarded as less important or irrelevant
- An inability to manage offensive behavior from your partner that won't stop
- Feeling like you have little or no support in your shared family responsibilities
- Growing distance in your relationship, feeling stuck, and wondering how long this can continue

If so, discover the power of group coaching and social healing. You will realize you are not alone and gain valuable insights into how others have dealt with the same challenges you are battling. We will grow and learn together and leverage the power of a safe place, facilitated by an expert in the field, that inspires and educates us on how to transform our old pain into new life. Contact us for a phone consultation to learn more.

**When:** Sundays @ 5pm Pacific time | 6pm Mountain | 7pm Central | 8pm Eastern. Length of group is 60 to 90 minutes.

**Where:** Online video or audio

**Type:** Open group, come to one or all sessions

**Cost** \$150 per session. Health insurance statements provided for reimbursement. Sliding scale available for financial need.

**Sign-up:** Contact Dr. Thomas Lucking via the following methods

<https://silicon-valley-therapy.clientsecure.me>

408.409.4167 (text / call)

[help@SiliconValleyTherapy.co](mailto:help@SiliconValleyTherapy.co)

[www.SiliconValleyTherapy.co](http://www.SiliconValleyTherapy.co)